CAPITAL GROUP®

American Funds®

American Funds® IS 2045 Target Date Retirement Fund

Target Date Retirement Series

Class 1 shares VITD45

Q3 fund fact sheet

Data as of September 30, 2026, unless otherwise noted.

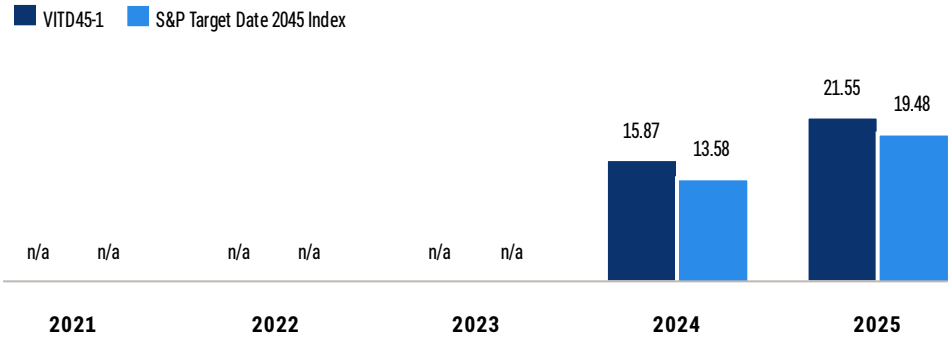
Key information

Objective:

Depending on the proximity to its target date, which we define as the year that corresponds roughly to the year in which the investor expects to retire, the fund will seek to achieve the following objectives to varying degrees: growth, income and conservation of capital. The fund will increasingly emphasize income and conservation of capital by investing a greater portion of its assets in fixed income, equity-income and balanced funds as it approaches and passes its target date. In this way, the fund seeks to balance total return and stability over time.

Figures shown are past results and are not predictive of results in future periods. Current and future results may be lower or higher than those shown. Investing for short periods makes losses more likely. The variable annuities and life insurance contracts that use the series' funds contain certain fees and expenses not reflected here. Prices and returns will vary, so investors may lose money. If such fees and expenses had been deducted, results would have been lower. For results reflecting contract-level fees and expenses, contact the insurance company that issues your contract or visit its website. For current fund information and month-end results, visit capitalgroup.com/afis.

Calendar-year total returns (%)



Investment results

Data for periods ended 09/30/2026 (%)	Cumulative total returns [6,7]			Average annual total returns [6,8]			
	3M	YTD	1Y	3Y	5Y	10Y	Lifetime
VITD45-1 at net asset value (NAV)	-1.56	9.09	12.49	19.68	—	—	17.25
S&P Target Date 2045 Index	0.19	10.86	14.14	18.47	—	—	16.11
Morningstar US Insurance Target-Date 2045 Category Average	-1.62	9.68	12.39	18.47	—	—	16.76

Fund's annualized 30-day SEC yield (gross/net): 1.47/1.48 (as of 09/30/2026)

Key facts	
Inception date	05/01/2023
CUSIP	02630H791
Assets (millions)	$21.3
Morningstar category	Target-Date 2045

Key statistics [1]	
12-month distribution rate (%) [2]	1.2
Yield to maturity (%)	6.37
Effective duration (years)	6.2

Expenses (%)	
Expense ratio (gross)[3]	0.42

Risk measures	3 years
Standard deviation (%)	11.21
Beta	1.03
R-squared (%)	96

Asset class exposure (% of total net assets) [1]	
U.S. equities	59.1
Non-U.S. equities	26.3
U.S. fixed income	9.8
Non-U.S. fixed income	2.1
Cash & equivalents[4]	2.1
Other and convertibles[5]	0.5
Total	100.0

Geographic breakdown (%) [1]	
Eurozone	6.3
Other Europe/Middle East	5.7
Pacific Basin	3.8
North America	72.2
Latin America	1.4
Southeast Asia	1.3
Emerging Europe/Middle East/Africa	0.7
Far East Asia	8.6
Total	100%

Investments are not FDIC-insured, nor are they deposits of or guaranteed by a bank or any other entity, so they may lose value.

Investors should carefully consider investment objectives, risks, charges and expenses. This and other important information is contained in the fund prospectuses and/or summary prospectuses, which can be obtained from a financial professional and should be read carefully before investing.

This material must be preceded or accompanied by a prospectus or summary prospectus for the fund(s) being offered.

Underlying funds (%)	
Growth	**43.6**
AMCAP Fund®	7.0
American Funds® Global Insight Fund	4.0
American Funds® U.S. Small and Mid Cap Equity Fund	0.2
EUPAC Fund™	1.3
The Growth Fund of America®	7.4
The New Economy Fund®	4.3
New Perspective Fund®	7.1
New World Fund®	5.6
SMALLCAP World Fund®	6.6
Growth and income	**33.6**
American Mutual Fund®	7.1
Capital World Growth and Income Fund®	7.3
Fundamental Investors®	7.7
International Growth and Income Fund	0.7
The Investment Company of America®	4.0
Washington Mutual Investors Fund	6.7
Equity-income	**7.1**
Capital Income Builder®	3.0
The Income Fund of America®	4.0
Balanced	**9.1**
American Balanced Fund®	7.1
American Funds® Global Balanced Fund	2.0
Bond	**7.6**
American Funds Emerging Markets Bond Fund®	0.9
American Funds Inflation Linked Bond Fund®	0.2
American Funds® Multi-Sector Income Fund	0.7
The Bond Fund of America®	0.2
Capital World Bond Fund®	0.7
U.S. Government Securities Fund®	4.8

The allocations shown are as of the time of publication, and are subject to the oversight committee's discretion. The investment adviser anticipates assets will be invested within a range that deviates no more than 10% above or below the allocations shown in the prospectus/characteristics statement. Underlying funds may be added or removed during the year. Visit capitalgroup.com for current allocations.

The return of principal for bond portfolios and portfolios with significant underlying bond holdings is not guaranteed. Investments are subject to the same interest rate, inflation and credit risks associated with the underlying bond holdings.

The use of derivatives involves a variety of risks, which may be different from, or greater than, the risks associated with investing in traditional securities, such as stocks and bonds.

Lower rated bonds are subject to greater fluctuations in value and risk of loss of income and principal than higher rated bonds.

While not directly correlated to changes in interest rates, the values of inflation-linked bonds generally fluctuate in response to changes in real interest rates and may experience greater losses than other debt securities with similar durations.

Investing outside the United States involves risks, such as currency fluctuations, periods of illiquidity and price volatility. These risks may be heightened in connection with investments in developing countries.

Investments in mortgage-related securities involve additional risks, such as prepayment risk.

Nondiversified funds have the ability to invest a larger percentage of assets in the securities of a smaller number of issuers than a diversified fund. As a result, poor results by a single issuer could adversely affect fund results more than if the fund invested in a larger number of issuers. See the applicable prospectus for details.

Interests in Capital Group's U.S. Government Securities portfolios are not guaranteed by the U.S. government.

Smaller company stocks entail additional risks, and they can fluctuate in price more than larger company stocks.

Allocations may not achieve investment objectives. The portfolios' risks are related to the risks of the underlying funds as described herein, in proportion to their allocations.

Although the target date portfolios are managed for investors on a projected retirement date time frame, the allocation strategy does not guarantee that investors' retirement goals will be met. Investment professionals manage the portfolio, moving it from a more growth-oriented strategy to a more income-oriented focus as the target date gets closer. The target date is the year that corresponds roughly to the year in which an investor is assumed to retire and begin taking withdrawals. Investment professionals continue to manage each portfolio for approximately 30 years after it reaches its target date.

There have been periods when the results lagged the index(es) and/or average(s). The indexes are unmanaged and, therefore, have no expenses. Investors cannot invest directly in an index.

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Portfolios are managed, so holdings will change.

Totals may not reconcile due to rounding and/or cash flows.

Investment results assume all distributions are reinvested and reflect applicable fees and expenses.

When applicable, results reflect fee waivers and/or expense reimbursements, without which they would have been lower and net expenses higher. For more information on fee waivers and expense reimbursements, visit capitalgroup.com/afis.

For the American Funds IS 2045 Target Date Retirement Fund share class(es) listed below, the investment adviser has agreed to reimburse a portion of fund expenses through the date(s) listed below, without which results would have been lower and net expenses higher. The investment adviser may elect at its discretion to extend, modify or terminate the reimbursements as of any noted expiration date. Please refer to the fund's most recent prospectus for details.

1. Figures are based on holdings of the underlying funds, if applicable, as of date shown.
2. The distribution rate reflects the fund's past dividends paid to shareholders and may differ from the fund's SEC yield which reflects the rate at which the fund is earning income on its current portfolio of securities. The distribution rate reflects fee waivers and/or expense reimbursements in effect during the period. Without waivers and/or reimbursements, it would be reduced.
3. Expense ratios are as of each fund's prospectus/characteristics statement, as applicable, available at the time of publication.
4. Includes cash, short-term securities, other assets less liabilities, and certain accruals. It may also include investments in money market or similar funds managed by the investment adviser or its affiliates that are not offered to the public.

5. May include forwards, options on forwards, warrants, and convertible securities.
6. When applicable, returns for less than one year are not annualized, but calculated as cumulative total returns.
7. YTD (year-to-date return): For the period from January 1 of the current year to the date shown or from inception date if first offered after January 1 of the current year.
8. Index and/or average lifetime is based on the fund inception date.

American Funds Insurance Series serves as an underlying investment option for multiple insurance products, including variable annuity contracts and variable life insurance policies. Availability of funds will vary based on the insurance contract offered.

This content, developed by Capital Group, home of American Funds, should not be used as a primary basis for investment decisions and is not intended to serve as impartial investment or fiduciary advice.

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Effective May 1, 2026, American Funds IS 2045 Target Date Fund was named American Funds IS 2045 Target Date Retirement Fund.

S&P Target Date 2045 Index: The S&P Target Date Indexes are a series of unmanaged indexes composed of different allocations to stocks, bonds, and short-term investments that reflect reductions in potential risk over time. **Beta:** Beta relatively measures sensitivity to market movements over a specified period of time. The beta of the market (represented by the benchmark index) is equal to 1; a beta higher than 1 implies that a return was more volatile than the market. A beta lower than 1 suggests that a return was less volatile than the market. Generally the higher the R-squared measure, the more reliable the beta measurement will be. **Bond Statistic Effective Duration in Years:** Effective duration is a duration calculation for bonds that takes into account that expected cash flows will fluctuate as interest rates change. **Bond Statistic Average Yield to Maturity:** A bond's total return if held to maturity and no default occurs or options are exercised. Assumes coupons are paid on time and accounts for their present value. Assumes principal is returned at maturity. **Distribution Rate 12-Month:** The income per share paid by the fund over the past 12 months to an investor from dividends (including any special dividends). The distribution rate is expressed as a percentage of the current price. **Morningstar Category:** In an effort to classify funds by what they own, as well as by their prospectus objectives and styles, Morningstar developed Morningstar Categories. While the prospectus objective identifies a fund's investment goals based on the wording in the fund prospectus, the Morningstar Category identifies funds based on their actual investment styles as measured by their underlying portfolio holdings (portfolio and other statistics over the past three years). **R-Squared:** R-squared is a measure of the correlation between a particular return and that of a benchmark index. A measure of 100 indicates that all of the return can be explained by movements in the benchmark. Generally the higher the R-squared measure, the more reliable the beta measurement will be. **Standard Deviation:** Annualized standard deviation (based on monthly returns) is a common measure of absolute volatility that tells how returns over time have varied from the mean. A lower number signifies lower volatility. **Yield Annualized 30-Day SEC:** The 30-day SEC yield reflects the rate at which the fund is earning income on its current portfolio of securities calculated according to the standardized SEC formula; when applicable, it reflects the maximum sales charge. If shown, a net yield reflects fee waivers and/or expense reimbursements in effect during the period. Without waivers and/or reimbursements, the yield would be reduced. Gross yield does not adjust for any fee waivers and/or expense reimbursements in effect.

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